



## **Media Contact:**

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## **Websites**

- Ashwood Inn  
[AshwoodInn.org](http://AshwoodInn.org)
- Ashland Supportive Housing and Community Outreach  
[www.ashlandash.org](http://www.ashlandash.org)

## **Video**

Overview of Ashwood Inn program; comments from guests, parents, and staff as well as guest activities.

[https://youtu.be/ag0kC\\_29xe4](https://youtu.be/ag0kC_29xe4)

*Running time: 3 minutes and 57 seconds*

## **Logos**

Permission is granted to use logos contained in Media Kit for informational stories about Ashwood Inn. For more information please contact Ashwood Inn media contact.

1610 Clark Street  
Ashland, OR 97520

(541) 488-9301  
[ashwoodrespite@gmail.com](mailto:ashwoodrespite@gmail.com)  
[AshwoodInn.org](http://AshwoodInn.org)



## **Ashwood Inn Background**

Ashwood Inn is a cozy, caring place specializing in weekend vacations for adults with intellectual and developmental disabilities (I/DD). Ashwood Inn combines the homey comfort and cheerful appeal of a bed and breakfast.

Guests stay for 72 hours while professionally trained staff are present to prepare meals, provide all required care, and help guests plan and participate in all the activities that Ashland and the Rogue Valley have to offer. This can include everything from seeing a play at the Oregon Shakespeare Festival, attending a concert at the Britt Festival, shopping downtown, or taking a drive to Crater Lake – whatever guests dream up that they would like to do.

Many guests of the Ashwood Inn have not had the experience of participating in community activities with their peers. Guests are encouraged to expand their horizons and try new things; staff provide transportation and support to ensure activities are safe and enjoyable.

The three-day weekend structure was created to provide a significant break for families, while also promoting deeper peer relationships. The longer time period also aids in increasing independence. Most visitors at the Ashwood Inn return for subsequent visits.

Ashwood Inn is a program of Ashland Supportive Housing and Community Outreach (ASH). ASH was formed in 1981 by a small group of parents looking for a better life for their adult children with intellectual and developmental disabilities. It was founded on the principles of respect, dignity and compassion for all people regardless of their abilities.

ASH operates three residences, a weekend B&B style respite home, and a variety of day support services, all serving adults with intellectual and developmental disabilities in Ashland and the Rogue Valley.



## **Ashwood Inn Quick Facts**

- Number of guests hosted has increased annually since opening in December 2011.
- First Bed & Breakfast to serve people age 18 or older with I/DD in Southern Oregon.
- Services are unique; only three similar programs in the United States.
- All services and activities are designed to encourage and develop independence and are delivered in a manner that promotes dignity and respect.
- Guests get a break from their everyday lives and their families get a break from caregiving.
- Meals are provided family-style at the Inn with careful consideration of guests' preferences and dietary needs.
- There are one single and two shared bedrooms; two shared baths; a fully equipped kitchen; a comfortable living room and dining area to socialize in; a private patio for barbeques and outdoor dining; and well-manicured and shaded lawns that are fully fenced.
- The ratio of staff to guests is 1:5. During the day for activities the ratio is 2:5.
- Ashwood Inn can accommodate guests with special needs: wheelchair access, dietary restrictions, medication administration.
- Each weekend there are community activities such as Bowling, Wild Life Images, Ice Skating, Mini-Golf, Batting Cages, Crater Lake, Concerts, Hiking, and Live Theater. Activities are planned after considering guests' preferences and needs.



## **Intellectual/Developmental Disability Information**

Approximately 38,000 Oregonians or 1% of the population experience a developmental disability.

*Source: According to the Developmental Disabilities Coalition of Oregon*

An estimated 2.5 million people, or 1% of the population in the United States, have a developmental disability.

*Source: National Institute on Disability and Rehabilitation Research*

An estimated 20.3 million families, or 29% of all families in the United States, have at least one member with a developmental disability.

*Source: Family Resource Supplement to the National Health Interview*

Families are still the primary caregivers for adults with developmental disabilities and are themselves aging. About 76% of individuals with developmental disabilities reside at home.

- In 25% of these homes, the family caregiver is over 60 years of age.
- The average age of the care recipient with a developmental disability is age 38.

*Source: Family Caregiver Alliance*